

# BEST S.E.L.F.

## SUPPORTIVE ENRICHMENT AND LEARNING FOR FAMILIES



LEARN WELL. LIVE WELL. BE WELL.

**The Best SELF program is designed to support our employees and their families in the areas of good health and student academic performance.**

This program is offered by BestHealth For Us, Student Inclusion and Diversity, and the Center of Excellence for Research, Teaching and Learning, as an employee benefit.

### **Program Experience:**

Through the variety of experiences offered in Best SELF, the overarching goals of the program are to promote high school graduation rates, college preparedness, and to increase the number of WFBMC children entering science, technology, engineering, and math (STEM) fields upon graduation. This will be achieved through the following components: Employee Health and Wellness Support, Academic Tutoring, Parent Meetings, Experiential Learning, and a Summer Enrichment Program.

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### **For more information:**

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